

**MUSIC EXPRESS!
PROFESSIONAL STAFF**

Noreen Donnell, MMT, MTA
Music Therapist
Program Director

Kim Pace, M.Sc., S-LP(c)
Speech-Language Pathologist
Program Director

Taryn McKinnon, BMT, MTA
Music Therapist

Robert Harris, BMT
Music Therapist

Sandra Lane, M.Sc., S-LP(C)
Speech-Language Pathologist

Sarah Robertson, M.HSc., S-LP(C)
Speech-Language Pathologist

Irene Lembesis, Hon. B.A., CDA
Communicative Disorders Assistant

Additional university students of psychology, speech-language pathology, kinesiology, music therapy, and related disciplines provide support to the professional staff. The ratio of children to adults is at most, 2:1.



Music Express!
Noreen Donnell, Music Therapist
Program Director
(905) 827-7544
Kim Pace, Speech-Language Pathologist
Program Director
(905) 333-9730

MUSIC EXPRESS!



Burlington:

(905) 333-9730

Waterloo:

(519) 742-0168

*Developing speech, language, and
motor skills through music....*

MUSIC EXPRESS!

Music Express! is an innovative intervention program for children experiencing communication difficulties and/or developmental delay. The program combines elements of music, movement, and rhythm to develop oral motor, articulation, language, social, fine and gross motor skills.

Music Express! has been developed by Noreen Donnell, Music Therapist and Kim Pace, Speech-Language Pathologist. The program is implemented by a team of professionals, including music therapists, speech-language pathologists, a communicative disorders assistant, and a kinesologist. University students in speech-language pathology, kinesiology, music therapy, and related disciplines, assist the core team of professionals to ensure an intensive intervention experience for all participants.

Strategies that may be used by staff to help the children reach their goals include:

- use of visual supports to establish routine
- use of natural gesture, signs, and visual supports to facilitate language comprehension and to elicit use of vocabulary and grammatical forms
- rhythm, tempo, and momentum to stimulate vocalization and/or expressive language
- supportive seating for handling of instruments
- peer modeling
- repetition and verbal cueing
- rhythm and tempo to facilitate fine and gross motor movements

LOCATION

8-3455 Fairview Street
Burlington, ON L7N 2R4
(905) 333-9730

75 University Avenue
Waterloo, ON N2L 3C5
(519) 742-0168

SCHEDULE

Music Express! is offered in both Burlington and Waterloo on Saturdays. Two 10-week sessions are offered each year, beginning in February and October. Please contact our office for exact start dates.

Music Express summer camp is offered for 2 weeks each July in Burlington and 2 weeks each August in Oakville. Please contact our office for exact dates each year.

PROGRAM FEES

Music Express! fees are \$500.00. This is a total cost for the program and unfortunately, fees cannot be refunded due to absence or missed sessions.

PAYMENT

A \$250.00 deposit is required at the time of registration. The balance (\$250.00) is payable after the 5th group session.

CANCELATION POLICY

Registration deposits are 100% refundable, provided that cancellation is received no later than one week prior to the first session. Deposits are non-refundable if less than one week notice is given, unless your child's spot can be

filled by another child on our waiting list (in which case, 100% will be refunded).

SAMPLE SESSION AGENDA

Greeting

- welcome songs, greetings, names
- social language skills

Gross Motor

- movement activity to music (e.g. dancing, marching, balance beam, jumping)

Oral Motor/Articulation

- songs or activities to practice blowing, tongue movements, lip rounding, etc.
- songs or activities to practice specific speech sounds

Language

- songs and activities to develop vocabulary, comprehension of language, and/or expressive language skills

Fine Motor

- finger play activities
- instrument use

Improvisation/Creative Self-Expression

- instrument playing
- song writing (older groups)

Goodbye

- goodbye song